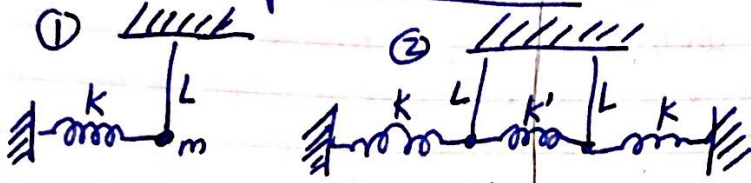


Problem 1: Coupled Pendulums



a) Figure 1: When spring is relaxed, the rod is vertical. What is the frequency of small oscillations of mass m plane of rod & spring.

$mg \sin(\theta) \approx mg \frac{x}{L}$
 $ma = F_x = -kx - mg \frac{x}{L}$
 $m\ddot{x} + kx + \frac{mg}{L}x = 0$
 $\ddot{x} + \left[\frac{k}{m} + \frac{g}{L} \right]x = 0$
 $\omega_0 = \sqrt{\frac{k}{m} + \frac{g}{L}}$

b) Find frequencies & amplitude ratios for the two normal modes of the system.

1) If $x_2 = x_1$, k' doesn't stretch. Therefore:
 $\omega_1^2 = \frac{k}{m} + \frac{g}{L}$

2) $x_2 = -x_1$
 $\Rightarrow \omega_2^2 = \left(\frac{k+2k'}{m} + \frac{g}{L} \right)$

$F(k' \text{ spring}) = -k'(2x_1)$
 $m\ddot{x}_1 = -kx_1 - k'(x_1 - x_2) - mg \frac{x_1}{L}$
 $= -k'(x_1 - (-x_1)) = -k'(2x_1)$

Normal mode: all parts of the system move w/ same frequency

longer way

$m\ddot{x}_1 = -kx_1 - k'(x_1 - x_2) - mg \frac{x_1}{L}$
 $\Rightarrow \ddot{x}_1 + \left(\frac{k+k'}{m} + \frac{g}{L} \right)x_1 - \frac{k'}{m}x_2 = 0$
 $m\ddot{x}_2 = -kx_2 - k'(x_2 - x_1) - mg \frac{x_2}{L}$
 $\Rightarrow \ddot{x}_2 + \left(\frac{k+k'}{m} + \frac{g}{L} \right)x_2 - \frac{k'}{m}x_1 = 0$

$x_1 = C_1 \cos(\omega t + \phi) = C_1 e^{i\omega t}$
 $x_2 = C_2 \cos(\omega t + \phi) = C_2 e^{i\omega t}$

plug in $x = Ge^{i\omega t}$
 $\Rightarrow \left(\frac{k+k'}{m} + \frac{g}{L} - \omega^2 \right) C_1 - \frac{k'}{m} C_2 = 0$
 $C_2 - \omega^2 C_2 + \left(\frac{k+k'}{m} + \frac{g}{L} \right) C_2 - \frac{k'}{m} C_1 = 0$

Set situation up as an eigenvalue problem

$\begin{bmatrix} \frac{k+k'}{m} + \frac{g}{L} - \omega^2 & -\frac{k'}{m} \\ -\frac{k'}{m} & \frac{k+k'}{m} + \frac{g}{L} - \omega^2 \end{bmatrix} \begin{bmatrix} C_1 \\ C_2 \end{bmatrix} = \begin{bmatrix} 0 \\ 0 \end{bmatrix}$

$\left(\frac{k+k'}{m} + \frac{g}{L} - \omega^2 \right)^2 - \left(\frac{k'}{m} \right)^2 \Rightarrow \frac{k+k'}{m} + \frac{g}{L} - \omega^2 = \pm \frac{k'}{m}$
 $\omega_1^2 = \frac{k+k'}{m} + \frac{g}{L} \pm \frac{k'}{m}$
 $\omega_1^2 = \frac{k}{m} + \frac{g}{L} \quad \omega_2^2 = \frac{k+2k'}{m} + \frac{g}{L}$

$\Rightarrow \frac{k'}{m} C_1 = \frac{k'}{m} C_2 \Rightarrow C_1 = C_2 \Rightarrow x_1 = x_2$
 $\Rightarrow -\frac{k'}{m} C_1 - \frac{k'}{m} C_2 = 0 \Rightarrow C_1 = -C_2 \Rightarrow x_2 = -x_1$

this process is how to find normal modes, but not how to solve

c) At $t=0$, the system is released from rest ($\dot{x}_1=0, \dot{x}_2=0$) with $x_1=d$ and $x_2=0$. Find x_1 and x_2 as a function of time.

For solving, try adding up eqns

$$\ddot{x}_1 + \left(\frac{k+k'}{m} + \frac{g}{L} \right) x_1 - \frac{k'}{m} x_2 = 0 \quad \ddot{x}_2 + \left(\frac{k+k'}{m} + \frac{g}{L} \right) x_2 - \frac{k'}{m} x_1 = 0$$

addition: $\frac{d^2}{dt^2} (x_1 + x_2) + \left(\frac{k}{m} + \frac{g}{L} \right) x_1 + \left(\frac{k}{m} + \frac{g}{L} \right) x_2 = 0$

$$= \frac{d^2}{dt^2} (x_1 + x_2) + \left(\frac{k}{m} + \frac{g}{L} \right) (x_1 + x_2) = 0 \quad \omega_1^2 = \frac{k}{m} + \frac{g}{L}$$

subtraction: $\frac{d^2}{dt^2} (x_1 - x_2) + \left(\frac{k+2k'}{m} + \frac{g}{L} \right) x_1 - \left(\frac{k+2k'}{m} + \frac{g}{L} \right) x_2$

$$= \frac{d^2}{dt^2} (x_1 - x_2) + \left(\frac{k+2k'}{m} + \frac{g}{L} \right) (x_1 - x_2) \quad \omega_2^2 = \frac{k+2k'}{m} + \frac{g}{L}$$

irrelevant to part C!

$$x_1 = A \cos(\omega_1 t + \phi_A) + B \cos(\omega_2 t + \phi_B)$$

$$x_2 = A \cos(\omega_1 t + \phi_A) - B \cos(\omega_2 t + \phi_B)$$

} remember amplitude ratios:
 $C_1 = 2 \neq C_2 = -C_2$?

$$\dot{x}_1(0) = -A\omega_1 \sin(\phi_A) - B\omega_2 \sin(\phi_B) = 0$$

$$\dot{x}_2(0) = -A\omega_1 \sin(\phi_A) + B\omega_2 \sin(\phi_B) = 0$$

$$\dot{x}_1(0) + \dot{x}_2(0) = 0 = -2A\omega_1 \sin(\phi_A) = 0$$

$$\dot{x}_1(0) - \dot{x}_2(0) = 0 = -2B\omega_2 \sin(\phi_B) = 0$$

$$\phi_A = 0$$

$$\phi_B = 0$$

this is the general sol'n containing both.

$$x_1(0) = d \quad x_2(0) = 0 \quad x_1(0) = A \cos(0) + B \cos(0) = d = A + B$$

$$x_2(0) = A \cos(0) - B \cos(0) = 0 = A - B$$

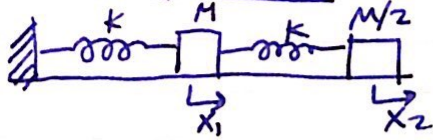
$$\Rightarrow \begin{aligned} 2A &= d \quad A = \frac{d}{2} \\ 2B &= d \quad B = \frac{d}{2} \end{aligned}$$

$$x_1 = \frac{d}{2} \cos(\omega_1 t) + \frac{d}{2} \cos(\omega_2 t)$$

$$x_2 = \frac{d}{2} \cos(\omega_1 t) - \frac{d}{2} \cos(\omega_2 t)$$

12/31/19

Problem 2: Coupled Blocks



random question:
 why are the forces acting in different directions yet have same sign? Because if you compress a spring it also exerts a force...

a) Find the coupled differential equations for $x_1(t)$ and $x_2(t)$.

Express results in terms of characteristic frequency $\omega_0 = \sqrt{K/M}$

$$M\ddot{x}_1 = -Kx_1 + K(x_2 - x_1)$$

$$\frac{M}{2}\ddot{x}_2 = -K(x_2 - x_1)$$

$$\ddot{x}_1 + \frac{2K}{M}x_1 - \frac{K}{M}x_2 = 0$$

$$\ddot{x}_2 + \frac{2K}{M}x_2 - \frac{2K}{M}x_1 = 0$$

b) Find the frequencies of normal modes of vibrations of system in terms of ω_0

sub $x_1 = C_1 e^{i\omega t}$ $x_2 = C_2 e^{i\omega t}$

$$\Rightarrow 0 = -C_1 \omega^2 e^{i\omega t} + 2\omega_0^2 C_1 e^{i\omega t} - \omega_0^2 C_2 e^{i\omega t}$$

$$= -C_1 \omega^2 + 2\omega_0^2 C_1 - \omega_0^2 C_2$$

$$= C_1 (2\omega_0^2 - \omega^2) - C_2 (\omega_0^2)$$

$$-C_2 \omega^2 e^{i\omega t} + 2\omega_0^2 C_2 e^{i\omega t} - 2\omega_0^2 C_1 e^{i\omega t} = 0$$

$$= C_2 (2\omega_0^2 - \omega^2) - C_1 2\omega_0^2 = 0$$

$$\begin{bmatrix} 2\omega_0^2 - \omega^2 & -\omega_0^2 \\ -2\omega_0^2 & 2\omega_0^2 - \omega^2 \end{bmatrix} \begin{bmatrix} C_1 \\ C_2 \end{bmatrix} = \begin{bmatrix} 0 \\ 0 \end{bmatrix}$$

$$(2\omega_0^2 - \omega^2)^2 - (2\omega_0^4) = 0 \Rightarrow 2\omega_0^2 - \omega^2 = \pm \sqrt{2}\omega_0^2 \Rightarrow \boxed{\omega^2 = (2 \pm \sqrt{2})\omega_0^2}$$

c) Find the amplitude ratios for each of the normal modes.

basically find $C_1 \leftarrow C_2$

$$\rightarrow C_1 (2\omega_0^2 - (2 + \sqrt{2})\omega_0^2) - C_2 (\omega_0^2)$$

$$0 = C_1 (-\sqrt{2}\omega_0^2) - C_2 (\omega_0^2)$$

$$-C_1 \sqrt{2}\omega_0^2 = C_2 \omega_0^2 \Rightarrow \boxed{-\sqrt{2} C_1 = C_2}$$

$$C_1 (2\omega_0^2 - (2 - \sqrt{2})\omega_0^2) - C_2 (\omega_0^2)$$

$$0 = C_1 (\sqrt{2}\omega_0^2) - C_2 \omega_0^2$$

$$\sqrt{2} C_1 \omega_0^2 = C_2 \omega_0^2 \Rightarrow \boxed{\sqrt{2} C_1 = C_2}$$

(You can do this w/ the other eqn if you really wanted to check)

d) At $t=0$, the lighter block is given an initial velocity of $-V_0$ [$x_1(0)=0, x_2(0)=0, \dot{x}_1(0)=0, \dot{x}_2(0)=-V_0$]. Find x_1 & x_2 as functions of time.

$$x_1(t) = A \cos(\omega_A t + \phi_A) + B \cos(\omega_B t + \phi_B)$$

$$x_2(t) = -\sqrt{2} A \cos(\omega_A t + \phi_A) + \sqrt{2} B \cos(\omega_B t + \phi_B)$$

$$2\sqrt{2} B \omega_B \sin(\phi_B) = -V_0$$

$$\dot{x}_1(0) = -\omega_A A \sin(\phi_A) - \omega_B B \sin(\phi_B) = 0$$

$$\dot{x}_2(0) = \sqrt{2} A \omega_A \sin(\phi_A) - \sqrt{2} B \omega_B \sin(\phi_B) = -V_0$$

$$\sqrt{2} \dot{x}_1(0) - \dot{x}_2(0) = 2\sqrt{2} B \omega_B \sin(\phi_B) = -V_0$$

$$-2\sqrt{2} \omega_A A \sin(\phi_A) = V_0$$

$$= 2\sqrt{2} \omega_A A = V_0$$

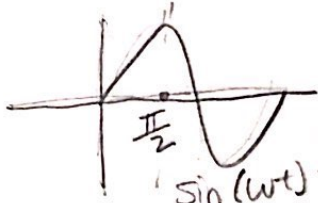
$$x_1(0) = A \cos(\phi_A) + B \cos(\phi_B) = 0$$

$$x_2(0) = -\sqrt{2} A \cos(\phi_A) + \sqrt{2} B \cos(\phi_B) = 0$$

$$\sqrt{2} x_1(0) + x_2(0) = 2\sqrt{2} B \cos(\phi_B) = 0 \Rightarrow \phi_B = \frac{\pi}{2} \text{ or } -\frac{\pi}{2}$$

$$\sqrt{2} x_1(0) - x_2(0) = 2\sqrt{2} A \cos(\phi_A) = 0 \Rightarrow \phi_A = \frac{\pi}{2} \text{ or } -\frac{\pi}{2}$$

$$\Rightarrow -2\sqrt{2} BW_B = -V_0 \quad -2\sqrt{2} W_A A = V_0 \quad \Rightarrow A = -\frac{V_0}{2\sqrt{2} W_A} \quad B = \frac{V_0}{2\sqrt{2} W_B}$$

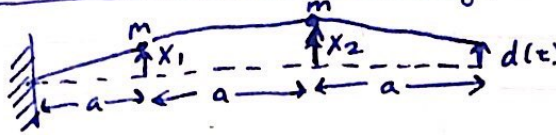


$$X_1(t) = -\frac{V_0}{2\sqrt{2} W_A} \cos(\omega t - \frac{\pi}{2}) + \frac{V_0}{2\sqrt{2} W_B} \cos(\omega t - \frac{\pi}{2})$$

$$X_1(t) = -\frac{V_0}{2\sqrt{2} W_A} \sin(\omega t) + \frac{V_0}{2\sqrt{2} W_B} \sin(\omega t)$$

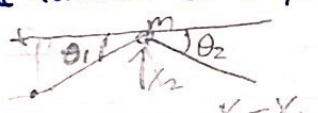
$$X_2(t) = \frac{V_0}{2W_A} \sin(\omega t) + \frac{V_0}{2W_B} \sin(\omega t) \leftarrow \text{different from soln manual but I think it's fine?}$$

Problem 3: Driven Beads on a String



- system is on a frictionless horizontal surface
- string under tension T at all times.
- one end of string is fixed. other goes through transverse displacement $d(t) = \Delta \cos(\omega t)$
- beads execute small amplitude horizontal motion perpendicular to string.

- Find steady state response of the beads $x_1(t)$ and $x_2(t)$.
- Make a sketch of the amplitude as a function of frequency.



$$\sin \theta_1 \approx \frac{x_2 - x_1}{a}$$

$$\sin \theta_2 \approx \frac{x_2 - d(t)}{a}$$

$$m\ddot{x}_2 = T \sin \theta_1 - T \sin \theta_2$$

$$\text{or } m\ddot{x}_2 + T(\sin \theta_1 + \sin \theta_2) = 0$$

$$m\ddot{x}_2 + T \left(\frac{x_2 - x_1}{a} + \frac{x_2 - d(t)}{a} \right) = 0$$

$$= m\ddot{x}_2 a + T(x_2 - x_1) + T(x_2 - d(t))$$

$$= \frac{m\ddot{x}_2 a}{T} + x_2 - x_1 + x_2 = d(t) = \Delta \cos(\omega t)$$

$$m\ddot{x}_1 = -T \sin \theta_1 - T \sin \theta_2$$

where $\sin \theta_1 \approx \frac{x_1 - 0}{a}$
 $\sin \theta_2 \approx \frac{x_1 - x_2}{a}$

$$\Rightarrow \Delta \cos(\omega t) = \frac{ma}{T} \ddot{x}_2 + 2x_2 - x_1$$

$$\Leftrightarrow \frac{T}{ma} d(t) = \ddot{x}_2 + \frac{2T}{ma} x_2 - \frac{T}{ma} x_1$$

let's you find just one variable
Cramer's Rule:
 this is new to me!
 i.e. $2x + 4y + 1z = 3$
 $x - 4y - 1z = 0$
 $1x + 2y + 1z = 0$
 $D = \begin{vmatrix} 2 & 4 & 1 \\ 1 & -4 & -1 \\ 1 & 2 & 1 \end{vmatrix}$ cross column
 $D = \begin{vmatrix} 3 & 1 & 1 \\ 0 & -5 & -1 \\ 0 & 1 & 1 \end{vmatrix} = 3$
 $D_x = \begin{vmatrix} 3 & 4 & 1 \\ 0 & -4 & -1 \\ 0 & 2 & 1 \end{vmatrix} = -6$
 $x = \frac{D_x}{D} \quad y = \frac{D_y}{D}$

$$m\ddot{x}_1 = -T \frac{x_1}{a} - T \left(\frac{x_1 - x_2}{a} \right) = 0 \quad m\ddot{x}_1 + T \left(\frac{x_1}{a} + \frac{x_1 - x_2}{a} \right) = 0 = m\ddot{x}_1 + T \left(\frac{2x_1 - x_2}{a} \right) = 0$$

$$\Rightarrow \ddot{x}_1 + \frac{T}{m} \frac{2x_1}{a} - \frac{T}{m} \frac{x_2}{a} = 0 \quad \Leftrightarrow \ddot{x}_1 + \frac{2T}{ma} x_1 - \frac{T}{ma} x_2 = 0$$

Ansatz: $x_1 = C_1 e^{i\omega t} \quad x_2 = C_2 e^{i\omega t}$

$$\begin{bmatrix} \frac{2T}{ma} - \omega^2 & -\frac{T}{ma} \\ -\frac{T}{ma} & \frac{2T}{ma} - \omega^2 \end{bmatrix} \begin{bmatrix} C_1 \\ C_2 \end{bmatrix} = \begin{bmatrix} 0 \\ \frac{T}{ma} \Delta \end{bmatrix}$$

$$\begin{bmatrix} -C_2 \omega^2 + \frac{2T}{ma} C_2 - \frac{T}{ma} C_1 \\ -C_1 \omega^2 + \frac{2T}{ma} C_1 - \frac{T}{ma} C_2 \end{bmatrix} e^{i\omega t} = \frac{T}{ma} \Delta \cos(\omega t)$$

$$\begin{bmatrix} 2\omega_0^2 - \omega^2 & -\omega^2 \\ -\omega^2 & 2\omega_0^2 - \omega^2 \end{bmatrix} \begin{bmatrix} C_1 \\ C_2 \end{bmatrix} = \begin{bmatrix} 0 \\ \omega_0^2 \Delta \end{bmatrix}$$

Cramer's Rule:

$$D_{C1} = \begin{vmatrix} 0 & -\omega_0^2 \\ \omega_0^2 \Delta & 2\omega_0^2 - \omega^2 \end{vmatrix} = \omega_0^4 \Delta$$

$$D_{C2} = \begin{vmatrix} 2\omega_0^2 - \omega^2 & 0 \\ -\omega_0^2 & \omega_0^2 \Delta \end{vmatrix} = (2\omega_0^2 - \omega^2) \omega_0^2 \Delta$$

$$C_1 = \frac{\omega_0^4 \Delta}{(\omega^2 - 3\omega_0^2)(\omega^2 - \omega_0^2)}$$

$$C_2 = \frac{(2\omega_0^2 - \omega^2) \omega_0^2 \Delta}{(\omega^2 - 3\omega_0^2)(\omega^2 - \omega_0^2)}$$

Sketch of amplitude as a function of frequency

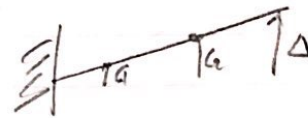
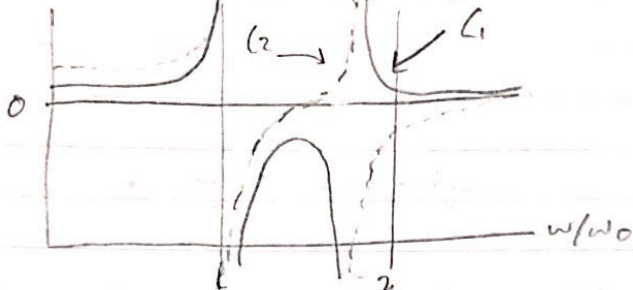
$$C_1 = \frac{\omega_0^4 \Delta}{(\omega^2 - \omega_0^2)(\omega^2 - 3\omega_0^2)}$$

$$C_2 = \frac{\omega_0^2 \Delta (2\omega_0^2 - \omega^2)}{(\omega^2 - \omega_0^2)(\omega^2 - 3\omega_0^2)}$$

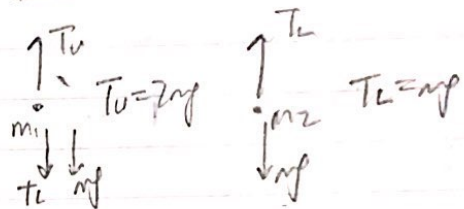
$$C_2 = 0 \text{ at } \omega = \sqrt{2}\omega_0$$

$$\text{at } \omega = 0 \quad C_1 = \frac{1}{3}\Delta, \quad C_2 = \frac{2}{3}\Delta$$

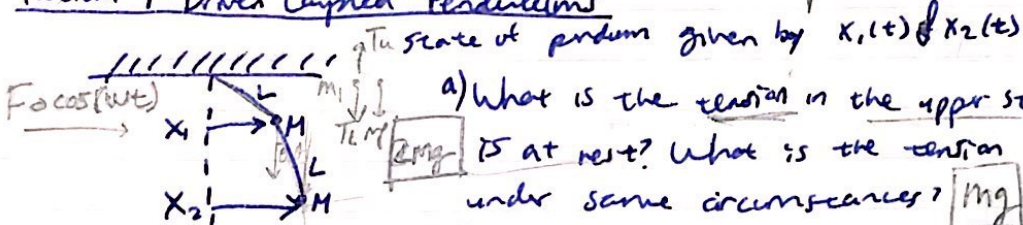
$$\omega \rightarrow \infty \quad C_1 \rightarrow \left(\frac{\omega_0}{\omega}\right)^4 \Delta, \quad C_2 \rightarrow -\left(\frac{\omega_0}{\omega}\right)^2 \Delta$$



Problem 4 Free Body Diagrams



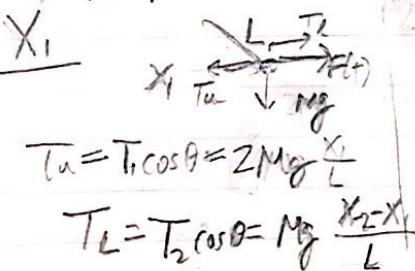
Problem 4: Driven Coupled Pendulums



a) What is the tension in the upper string when the pendulum is at rest? What is the tension in the lower string under same circumstances?

For small displacements from equilibrium, the tensions in string do not change from equilibrium values. A horizontal force $F_{x_1}(t) = F_0 \cos(\omega t)$ is applied to upper of two masses

b) Find coupled differential eqns $x_1(t)$ & $x_2(t)$. Express results in terms of characteristic frequency $\omega_0 = \sqrt{g/L}$



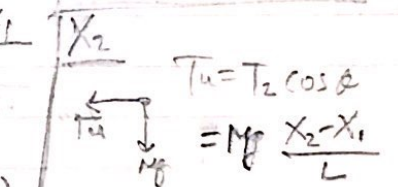
$$M\ddot{x}_1 = F_0 \cos(\omega t) - 2Mg \frac{x_2}{L} + Mg \frac{x_2 - x_1}{L}$$

$$M\ddot{x}_2 = -Mg \frac{x_2 - x_1}{L}$$

$$\ddot{x}_1 = \frac{F_0}{M} \cos(\omega t) - \frac{2g}{L} x_1 + \frac{g}{L} (x_2 - x_1)$$

$$\ddot{x}_1 = \frac{F_0}{M} \cos(\omega t) - 3\frac{g}{L} x_1 + \frac{g}{L} x_2$$

$$\ddot{x}_2 = -\frac{g}{L} x_2 + \frac{g}{L} x_1$$



$$\ddot{x}_1 + 3\omega_0^2 x_1 - \omega_0^2 x_2 = \frac{F(t)}{M}$$

$$\ddot{x}_2 + \omega_0^2 x_2 - \omega_0^2 x_1 = 0$$

c) Find steady state response of two masses $x_1(t)$ & $x_2(t)$.

Make sketch of amplitude as function of frequency for each of the masses

Ansatz: $x_1 = C_1 e^{i\omega t}$ $x_2 = C_2 e^{i\omega t}$

$$\left[-\omega^2 C_1 + 3\omega_0^2 C_1 - \omega_0^2 C_2 \right] e^{i\omega t} = \frac{F_0}{M} \cos(\omega t)$$

$$\left[-C_2 \omega^2 + \omega_0^2 C_2 - \omega_0^2 C_1 \right] e^{i\omega t} = 0$$

$$\begin{bmatrix} 3\omega_0^2 - \omega^2 & -\omega_0^2 \\ -\omega_0^2 & \omega_0^2 - \omega^2 \end{bmatrix} \begin{bmatrix} C_1 \\ C_2 \end{bmatrix} = \begin{bmatrix} \frac{F_0}{M} \\ 0 \end{bmatrix}$$

$$C_1 \begin{vmatrix} \frac{F_0}{M} & -\omega_0^2 \\ 0 & \omega_0^2 - \omega^2 \end{vmatrix} = \frac{F_0}{M} (\omega_0^2 - \omega^2)$$

$$C_2 \begin{vmatrix} 3\omega_0^2 - \omega^2 & \frac{F_0}{M} \\ -\omega_0^2 & 0 \end{vmatrix} = \omega_0^2 \frac{F_0}{M}$$

$$(3\omega_0 - \omega^2)(\omega_0^2 - \omega^2) - \omega_0^4 = 3\omega_0^4 - 3\omega_0^2\omega^2 - \omega^2\omega_0^2 + \omega^4 - \omega_0^4 = 0$$

$$\Rightarrow \frac{2\omega_0^4 - 4\omega_0^2\omega^2 + \omega^4}{2} = 2\omega_0^4 = (-2\omega_0^2 + \omega^2)^2$$

$$(\omega^2 - 2\omega_0^2)^2 = 2\omega_0^4$$

$$\omega^2 = \pm\sqrt{2}\omega_0^2 + 2\omega_0^2 \quad \text{define as } \omega_H^2 = (2 + \sqrt{2})\omega_0^2 \quad \omega_L^2 = (2 - \sqrt{2})\omega_0^2$$

$$C_1 = \frac{F_0/M (\omega_0^2 - \omega^2)}{(\omega^2 - \omega_H^2)(\omega^2 - \omega_L^2)} \Rightarrow D = (\omega^2 - \omega_H^2)(\omega^2 - \omega_L^2)$$

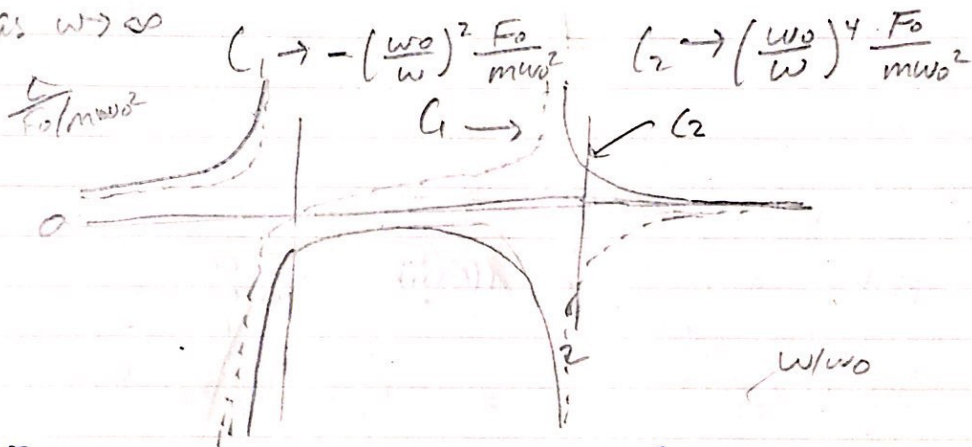
$$C_2 = \frac{(F_0/M)\omega_0^2}{(\omega^2 - \omega_H^2)(\omega^2 - \omega_L^2)}$$

If $\omega = 0$

$$C_1 = \frac{F_0/M \omega_0^2}{(-2 - \sqrt{2})\omega_0^2 (-2 + \sqrt{2})\omega_0^2} = \frac{F_0/M}{(4 - 2)\omega_0^2} = \frac{1}{2} \frac{F_0}{M\omega_0^2}$$

$$C_2 = \frac{(F_0/M)\omega_0^2}{(-2 - \sqrt{2})\omega_0^2 (-2 + \sqrt{2})\omega_0^2} = \frac{F_0/M}{(4 - 2)\omega_0^2} = \frac{1}{2} \frac{F_0}{M\omega_0^2}$$

As $\omega \rightarrow \infty$



d) By inspection of results of c), give the frequencies & amplitude ratios for normal modes of system.

$$C_2/C_1 = \frac{\omega_0^2}{\omega_0^2 - \omega^2}$$

for low frequency $\frac{C_2}{C_1} \Big|_L = \frac{\omega_0^2}{\omega_0^2 - (2 - \sqrt{2})\omega_0^2} = \frac{\omega_0^2}{\omega_0^2 - 2\omega_0^2 + \sqrt{2}\omega_0^2} = \frac{1}{-1 + \sqrt{2}} = 2.414$

high frequency $\frac{C_2}{C_1} \Big|_H = \frac{\omega_0^2}{\omega_0^2 - (2 + \sqrt{2})\omega_0^2} = \frac{\omega_0^2}{\omega_0^2 - 2\omega_0^2 - \sqrt{2}\omega_0^2} = \frac{1}{-1 - \sqrt{2}} = -0.414$